**Access and Success**

**Listening and Note Taking Self-Assessment**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Often | Sometimes | Seldom |
| 1. I read my assignments before I go to a lecture. |  |  |  |
| 2. I find lectures interesting and challenging. |  |  |  |
| 3. My lecture notes are well organized. |  |  |  |
| 4. I recognize main ideas in lectures. |  |  |  |
| 5. I recognize supporting details of main ideas. |  |  |  |
| 6. I recognize patterns in lectures, i.e. cause-effect, concept- example. |  |  |  |
| 7. My lecture notes are complete. |  |  |  |
| 8. I recognize relationships between lectures and readings. |  |  |  |
| 9. I integrate my lecture notes with my reading notes. |  |  |  |
| 10. I summarize my notes, both lecture and reading, in my own words. |  |  |  |
| 11. I review my notes immediately after class. |  |  |  |
| 12. I conduct weekly reviews of my notes. |  |  |  |
| 13. I edit my notes within 24 hours after class. |  |  |  |

How did you do? Taking this self-assessment should help you identify the note taking skills on which you need to work. Good note taking skills include doing all of the things listed above for every class.